



August 2024

Program & Activity Calendar for Kids, Adults & Seniors

MON	TUE	WED	THU	FRI	SAT
 <p>FALL SOCCER SIGNUPS WILL BE IN AUGUST—STAY TUNED FOR DETAILS</p> 		<p>NEW FALL PICKLEBALL LEAGUE Starting SOON—Stay tuned for Details!</p> 	<p>1 Cool Off at the BC POOL</p>	<p>2 PARTY IN THE PARK 10 am-12 pm Yoga, games, free slushies & popcorn</p>	<p>3  Watch the Olympics</p>
<p>5 Silver Sneakers 9 am Chair Yoga 9:30 am Veterans Lunch 11:30 am</p> 	<p>6 Senior Aerobics 9 am</p>	<p>7 Paint & Slurp 1-2 pm Silver Sneakers 9 am Chair Yoga 9:30 am</p> 	<p>8 Senior Aerobics 9 am Chair Volleyball 10 am</p>	<p>9 Men's Breakfast 9 am</p>	<p>10 </p>
<p>12 KSC CLOSED</p>	<p>13 Senior Aerobics 9 am</p>	<p>14 FIRST DAY OF SCHOOL Silver Sneakers 9 am Chair Yoga 9:30 am Coffee & Crafts 10 am</p>	<p>15 Senior Aerobics 9 am Chair Volleyball 10 am</p>	<p>16</p>	<p>17 </p>
<p>19 Silver Sneakers 9 am Chair Yoga 9:30 am Senior Bingo 6pm</p>	<p>20 Ladies Night Out 6-8 pm</p>	<p>21 National Senior Citizens Day</p>	<p>22 Senior Aerobics 9 am Chair Volleyball 10 am</p>	<p>23 GO TO A CONCERT</p>	<p>24  Downtown 6 pm</p>
<p>26 KISER SENIOR CLOSED THIS WEEK </p>	<p>27 Senior Aerobics 9 am National Banana Lovers Day</p>	<p>28 Take a stroll at a park</p>	<p>29 Senior Aerobics 9 am Chair Volleyball 10 am</p>	<p>30</p>	<p>31</p>