

November 2025

Program & Activity Calendar for Seniors 50+

MON	TUE	WED	THU	FRI	SAT
				HELLO November	1 
3 Veteran's Lunch 11:30 am 	4 Aerobics 9 am/Silver Sneakers 9:30 am Chair Yoga 9:45 Social Isolation during Holidays 11 am	5 	6 THANKFUL THURSDAY	7 Men's Breakfast 9 am Craft w/ BC Library Woodland Creatures 10 am	8 
10	11  CLOSED	12 	13 Applications Due for Senior Wishes 	14 HOSPICE 101 Presentation 10 am Paint & SLURP 4 pm	15  Nov 23 4-7 pm
17  6 pm	18 Aerobics 9 am Silver Sneaker 9:30 am Chair Yoga 9:45 am Friendsgiving Luncheon 11 am	19	20 	21 Butter Bean Auction & Lunch 11 am	22 HOLIDAY GIFT Market 12-4 pm 
24	25 Aerobics 9 am Silver Sneaker 9:30 am Chair Yoga 9:45 am Ladies Night 6 pm	26 	27 	28 CLOSED	29

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Program & Activity Descriptions for Seniors 50+

Veteran's Lunch



Monday, November 3, 11:30 am Allan Farris Comm Center

FREE Lunch for all Veteran's. Sponsored this month by AARP. Please call to RSVP 704-729-6465.

The Impact of Loneliness Around the Holidays



Tuesday, November 4, 11 am, Kiser Sr Center

The holidays can be a lonely time of year. During this presentation learn about the impacts of loneliness and prevention strategies during the holiday season.

Presented by Partners Healthcare.

DIY Woodland Creatures



Friday, November 7, 10 am, Kiser Sr Center

Join us to make cute woodland creatures out of pinecones. All materials will be provided. Presented by BC @ BC Library.

Call to register and walk ins welcome!

Hospice 101



Friday, November 14, 10 am, Kiser Sr Center

A presentation to learn about the myths and truths about hospice care and a time for questions for yourself or loved ones. Snacks provided. Offered by Carolina Caring. RSVP by calling 704-729-6465.



Men's Breakfast

Friday, November 7th, 9 am, Kiser Senior Ct, Call to register



Friendsgiving Luncheon

Tuesday, November 18, 11 am, Kiser Sr Center

Let's celebrate our friendships together with a time together and enjoy a luncheon. Meat and Drink will be provided and we ask for you to bring a covered side dish to share. Please RSVP by calling the office. Sponsored by Terra Bella of Cramer Mt.

Butter Bean Auction & Lunch

Friday, November 21, 11 am, Kiser Sr Center

Come Win some cool stuff by bidding with beans and enjoy lunch with us. Sponsored by Center Well. RSVP by November 17th by calling 704-729-6465.

Ladies Night Out

Tuesday, November 25, 6 pm, Kiser Sr Center

All Ladies are welcome to join us for time of fellowship and games. The Menu is soup for this month and you can call this office to sign up. Bring \$3 for Left Right Center game and come join in on the fun!!

Holiday Gift Market

Saturday, November 22, 12-4 pm

Allan Farris Community Center



Annual Christmas in the City

Sunday, November 23, Downtown BC

Entertainment, Food Trucks & Craft Vendors: 4-7 pm